

Omega Pure DHA 600

Omega-3 Fatty Acid Support for Immune,
Brain, Eye, and Prenatal Health*

Omega Pure DHA 600 Supplementation

Omega Pure DHA 600 is an ultra-concentrated and purified omega-3 fatty acid supplement containing an evidence-based dose of docosahexaenoic acid (DHA) in triglyceride form. The formula also contains small amounts of eicosapentaenoic acid (EPA) and docosapentaenoic acid (DPA). Optimal levels of EPA, DHA, and DPA are linked to healthy immune and nervous system function as well as heart, brain, eye, and GI tract health.*

The ingredients in Omega Pure DHA 600 are congruous with what research suggests to be effective and safe, particularly for healthy levels of omega-3 fatty acids.* Clinical evidence and research cited herein show that the ingredients in Omega Pure DHA 600 may:

- Support healthy immune system function*
- Promote healthy inflammatory markers*
- Support healthy cognitive and nervous system function*
- Support eye and GI tract health*
- Promote healthy prenatal development*
- Eurofins batch tested for over 450 potential contaminants*
- Triglyceride form*

How Omega Pure DHA 600 Works

Omega Pure DHA 600 provides ample amounts of DHA and other omega-3 essential fatty acids imperative for optimal health and wellness.* The major providers of DHA in the human diet are fish. Unfortunately, eating large amounts of fish is a growing health concern due to noxious heavy metals and environmental toxins that tend to accumulate in marine ecosystems. Supplementing with Omega Pure DHA 600 is a simple and practical way to meet daily DHA requirements without consuming harmful contaminants.*¹

Physiologically, DHA is found in many parts of the human body, especially cell membranes, making it an integral component of membrane phospholipids.*^{2,3,4} Research suggests that DHA can promote healthy gene and protein expression,



GLUTEN-FREE



NON-GMO



DAIRY-FREE

How Omega Pure DHA 600 Works Continued

support membrane protein activity, and serve as a reservoir for many biologically important molecules.^{♦4} DHA is also critical for newborns and children for healthy central nervous system development, and research suggests pregnant women should consume more DHA than those who are not pregnant.^{♦5}

Omega Pure DHA 600 also contains eicosapentaenoic acid (EPA) and the often missing docosapentaenoic acid (DPA) in triglyceride form. These fatty acids play critical roles in chemical messaging, cellular structure, and energy metabolism, which are related to healthy immune system and nervous system functions as well as heart and brain health.^{♦6,7,8}

EPA and DPA have been widely studied for their immune-supporting properties, including helping to promote healthy inflammatory markers.^{♦9,10,11} DPA is an elongated version of EPA, but research shows that it plays its own role in key health outcomes.^{♦12} Studies show the presence of EPA and DPA helps balance immune system responses and promotes healthy red blood cell activity.^{♦12,13}

Why Use Omega Pure DHA 600?

Omega Pure DHA 600 is manufactured in a cGMP facility in Norway using sustainable fishing practices. Omega Pure DHA 600 has undergone rigorous third-party testing through Eurofins to analyze the fish oil for 450 potential pesticides, heavy metals, PCBs, and other potentially noxious chemicals. Plus, each batch is tested for peroxide and para-anisidine, ensuring a low TOTOX value and freshness of the oil with no fishy taste or odor.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 90

	Amount Per Serving	%DV*
Calories	15	
Total Fat	1.5 g	2%*
Cholesterol	<5 mg	<2%*
Total Omega-3 Fatty Acids	815 mg	**
EPA (Eicosapentaenoic Acid)	120 mg	**
DHA (Docosahexaenoic Acid)	600 mg	**
DPA (Docosapentaenoic Acid)	80 mg	**
Additional Omega-3 Fatty Acids	15 mg	**

Ingredients: Highly Concentrated Omega-3 Fish Oil (anchovy, sardine, mackerel), Capsule Shell (gelatin, glycerin, purified water), Natural Lemon Flavor, Natural Mixed Tocopherols.

Contains: Fish (Anchovy, Sardine, and Mackerel).

Directions: Take 2 softgels 1-3 times daily with food or as directed by your healthcare practitioner.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking nutritional supplements or medications. Keep out of reach of children.

Produced in a cGMP facility.

Produced in a pharmaceutically-licensed facility.

Product of Norway.

References:

1. Kris-Etherton PM, Grieger JA & Etherton TD. *Prostaglandins Leukot Essent Fatty Acids*. 2009;81(2-3):99-104.
2. Kris-Etherton PM, Harris WS & Appel LJ. *Arterioscler Thromb Vasc Biol*. 2003;23(2):e20-e30.
3. Kiecolt-Glaser JK et al. *Brain Behav Immun*. 2011;25(8):1725-1734.
4. Ruxton CHS et al. *J Hum Nutr Diet*. 2004;17(5):449-459.
5. Cohen JT et al. *Am J Prev Med*. 2005;29(4):366-366.
6. Allaire J, Couture P, Leclerc M et al. *Am J Clin Nutr*. 2016;104(2):280-287.
7. Mozaffarian D & Wu JH. *J Am Coll Cardiol*. 2011;58(20):2047-2067.
8. Dangi B, Obeng M, Nauroth JM et al. *J Biol Chem*. 2009;284(22):14744-14759.
9. Kiecolt-Glaser JK, Belury MA, Andridge R et al. *Brain Behav Immun*. 2012;26(6):988-995.
10. Oleksandr AB, Sinclair AJ, & Kaur G. *Lipid Tech*. 2015;27(4):79-82.
11. Kaur G et al. *Progr Lipid Res*. 2011;50:28-34.
12. Kaur G et al. *Br J Nutr*. 2011;103(1):32-37.
13. Skulas-Ray AC, Flock MR, Richter CK et al. *Nutrients*. 2015;7(8):6390-6404.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutriDyn.com